

ONGOING

VULNERABLE INDIVIDUALS

It is advised that all vulnerable individuals should continue to follow the stay home guidance. Members of households with vulnerable individuals should be aware that by returning to work or other environments where social distancing is not practical, they could carry the virus back home. Precautions should be taken to isolate from vulnerable residents. Vulnerable individuals are people over 65 years of age and/or those with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

CONTINUE TO PRACTICE GOOD HYGIENE

- Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
- Avoid touching your face.
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.
- Use face coverings while in public.

PEOPLE WHO FEEL SICK SHOULD STAY HOME

- Contact and follow the advice of your medical provider.
- Follow local health department guidance on isolation.

CONTINUE SOCIAL DISTANCING

- All individuals, when in public, should maximize physical distance from others. Social settings where appropriate distancing may not be practical, should be avoided unless precautionary measures are observed.
- Avoid socializing in groups that do not readily allow for appropriate physical distancing. We suggest no more than two residents in the fitness and wellness centers, art studio and elevators.

NO CHANGES

VISITORS

- Visitors, including non-essential vendors, are prohibited from campus buildings.

SERVICES

- Home health services (medical) are only permitted to be provided by three approved vendors. When all COVID-19 restrictions are lifted by health care regulators, Masonic will require a credentialing process for all outside vendors including home health providers.
- Home care services (non-medical) are not permitted except by Masonic operated FirstLight Home Care. When all COVID-19 restrictions are lifted by health care regulators, Masonic will require a credentialing process for all outside vendors including home care providers.
- Masonic's inpatient and outpatient rehab therapy services, located within our health care centers, will not resume until the Governor's restrictions on these services has ended. This includes outpatient therapy services performed in other levels of care on our Louisville Campus.
- Group activities are prohibited until the Governor's restrictions on these services has ended.
- Dine-in restaurant services will not resume until the Governor's restrictions on these services has ended. Carryout and delivery dining services will continue until this time.
- When using the fitness and wellness centers, art studio, woodworking shop and elevators, no more than two residents should be in attendance.

DELIVERIES

- Personal deliveries are permitted Monday through Friday from 8:30 am to 5 pm only. Deliveries may be brought to each building entrance, but visitors are not permitted to enter the building. Delivery people will be required to complete the campus Travel and Wellness Screen when they enter campus. You will need to retrieve each delivery outside of the building and bring it to your residence. Please advise your family or other delivery people to consider the feasibility of their deliveries.
- Masonic's grocery ordering, fulfillment and delivery services are offered every Friday with orders due by Thursday.

ESSENTIAL ERRANDS

- You are permitted to come and go from campus for essential needs. You may also attend medically necessary appointments including outpatient rehab appointments.
- Guidelines from the Kentucky Department of Public Health state that individuals - especially those vulnerable individuals - should not be in vehicles with people who are not of their same household. For this reason, Masonic suggests you not have family members transport you to appointments and errands. If you require transportation, we can help you make arrangements with Masonic's transportation services.

NO CHANGES (CONTINUED)

SELF-ISOLATION

Masonic will follow Kentucky Department of Public Health's and Centers for Disease Control and Prevention's guidelines for self-isolation. You are required to report testing and test results to the community executive director. If you choose to be tested and **have symptoms of COVID-19**, you must self-isolate from the time you are tested until results are received.

Those who test positive, or have otherwise been hospitalized, are required to self-isolate in their individual residence for:

- 14 days without symptoms, or
- seven days after symptoms have subsided if they experience symptoms,
- or 3 days after fever without use of fever-reducing medication if they experience fever.

NEW POLICIES / CHANGES

FACE COVERINGS

You are required to wear face masks or face coverings when you are in common areas, areas outside of your apartment, and in public.

SERVICES AND AMENITIES

- Nouveau Salon opens **Monday, June 1**. Salon restrictions must be followed and services are available for independent living residents only.
- The Aquatic Center reopens **Thursday, June 4**. Residents may access it Monday through Friday from 8 am to 7 pm.
 - Only two residents will be permitted in the aquatic area at a time. Two additional residents can utilize the locker room in preparation to enter the pool area.
 - The pool attendant will not be utilized at this time.
 - Reservations will be required. Please call 502.873.2330 to schedule. Last reservations will be taken at 6 pm. Each reservation will be limited to 1 hour increments to ensure others have ample time to participate.
 - Residents are asked to assist with sanitizing showers and other commonly touched areas, and will be provided disinfectant.
 - Residents must wear a mask while in the locker room and pool area except when in the water.
 - The hot tub spa will remain closed until further notice.