



MASONIC HOME
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SHELBYVILLE

For Immediate Release

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Masonic Home of Shelbyville Showered With Healthcare Awards

Frankfort Native Forrest “Frosty” Cardwell Named

Statewide Adult Volunteer of the Year for Masonic Home of Shelbyville

Shelbyville, KY (December 7, 2011) – Masonic Homes of Kentucky was recently honored with several statewide awards by the Kentucky Association of Health Care Facilities (KAHCF), including an award for long-time volunteer Forrest “Frosty” Cardwell of Frankfort, who was named Statewide Adult Volunteer of the Year.

Cardwell contributes his personal time and skill to Masonic Home of Shelbyville, performing a variety of handyman chores in addition to his routine of visiting and escorting residents to chapel services and special events. He has volunteered at Masonic Home of Shelbyville since 2009.

The KAHCF 2011 Professional Achievement Awards were presented to long-term care facilities that have demonstrated an outstanding level of achievement in the past year. The KAHCF is Kentucky’s trade association representing long-term care facilities throughout the Commonwealth.

Cardwell’s first foray into volunteering with Masonic Home of Shelbyville came after he recovered from surgery in the Home’s short-stay rehabilitation program in 2009. His wife was also a resident when she required around-the-clock nursing care. Following his wife’s passing, Cardwell chose to give back to the Masonic Home of Shelbyville by actively volunteering several days a week.

“Frosty’s cheerful help and dedication is unmatched,” said Debra Finneran, administrator and executive director of Masonic Home of Shelbyville. “He is a true friend to many residents and his enthusiasm spills over to his involvement with his Lodge, W.G. Simpson No. 472, which regularly hosts cookouts and other events on our campus.”

Cardwell helped launch a Giving Tree program for Masonic Home of Shelbyville, which currently exceeds more than \$5,000. He also is well known for going the extra mile to catch all the fish for a recent fish fry.

“We know Frosty is always ready to help, however he is needed,” said Finneran. “We are so proud that the Kentucky Association of Health Care Facilities recognized him with this award. He is a true example of someone who completely gives from the heart.”

Masonic Homes of Shelbyville also received the following KAHCF 2011 Statewide Facility Discipline Awards:

- Professional Achievement, Administrative Nursing: Jennifer Mitchell (Masonic Home of Shelbyville)
- Community Outreach: Masonic Home of Shelbyville
- Professional Achievement, Medical Services: Leslie Mann (Masonic Home of Shelbyville)
- Professional Achievement, Social Services/Admissions: Angela Smither (Masonic Home of Shelbyville)
- Professional Achievement, Activities: Anne Kuhn (Masonic Home of Shelbyville)

About Masonic Homes of Kentucky

Founded in 1867, Masonic Homes of Kentucky is a leader in senior living services including independent living, assisted living personal care and long-term skilled nursing care. It owns and operates Masonic Home of Louisville, Sam Swope Care Center, Masonic Home of Shelbyville, Masonic Home Village, Spring Hill Village Retirement Community, Sproutlings Pediatric Day Care & Preschool, Miralea Life Care Community and Select Home Care Options. For more information, visit info@mhky.com.

About Kentucky Association of Health Care Facilities

Established in 1954, KAHCF is the trade association that represents propriety and nonproprietary nursing facilities and personal care homes across the Commonwealth. One of the state affiliates of the American Health Care Association, KAHCF provides a wide variety of services to member facilities including legislative and regulatory activities, professional development, statewide recognition programs, publications, media relations, research and advocacy relations.

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