



*Masonic Home of Shelbyville honored Forrest “Frosty” Cardwell (center) as their Volunteer of the Year. On hand for the presentation were Masonic Homes of Kentucky’s President and CEO Gary Marsh (left) and Shelbyville Administrator Debra Finneran.*

### ***Masonic Home of Shelbyville Honors Volunteer of Year***

SHELBYVILLE (Mar. 24, 2010)—Forrest “Frosty” Cardwell was named the Masonic Home of Shelbyville’s 2009 Volunteer of the Year.

“Frosty has become the heart of the Masonic Home,” said Masonic Home Executive Director and Administrator Debra Finneran. “I’m not sure what we would do without him.”

Cardwell has been a regular presence at Masonic Home for several years. He can be found assisting residents to church, hosting a fish fry with his Masonic lodge, fixing a ceiling fan, washing dishes or just visiting with a resident. His caring attitude and dedication to Masonic Home have earned him the 2009 Senior Advocacy Award from the Kentucky Association of Health Care Facilities.

Cardwell was also instrumental in establishing the Giving Tree program at Masonic Home, securing more than \$3,500 in donations to fund special initiatives.

“We are blessed to have Frosty as a volunteer and proud to honor him as our Volunteer of the Year,” said Finneran.

#### ***About the Masonic Home of Shelbyville***

Since 1901, Masonic Home of Shelbyville has provided housing and service to seniors. Today, Masonic Home of Shelbyville’s award-winning staff offers assisted living, nursing care, personal care, rehabilitation therapies and short-term respite in a comfortable, active environment. Masonic Home of Shelbyville is part of the Masonic Homes of Kentucky, a leader in senior living services since 1867. To learn more visit [www.masonichomesky.com](http://www.masonichomesky.com)